



GYMNASTICS UNLIMITED
A U S T R A L I A P T Y L T D
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GYMNASTICS PROGRAM FOR SCHOOLS

Gymnastics provides a foundation that no other activity can. The combination of coordination, strength, flexibility and spatial awareness are not only the fundamental skills for all other sports, but are also skills for life.

All our School Gymnastics programs are progressive, safe, effective and fun. Children are encouraged to strive for, and reach individual goals. Programs cater for all education stages and can be adapted to suit individual school needs.

Our ***qualified coaches*** and ***exceptional range of equipment*** ensures that children never stop moving, learning and having fun during our programs. All our coaches are very experienced and qualified gymnastics coaches who are registered with Australian Gymnastics Federation (AGF). They carry Working with children's check and have full public liability insurance through the AGF.

Gymnastics Unlimited Schools Program presently caters for many schools both at the school site and in our fully equipped venues and provides tuition for both PE and Sport classes. Schools that we have catered for in the past 3 years:

Overnewton Anglican college Secondary and Primary
Loather Hall Anglican school secondary and Primary
Gilson College Secondary and Primary
Australian International Academy secondary
Glenvale School Secondary
Panola Catholic College Secondary
Marian College secondary
Resurrection Primary School
Sydenham/Hillside Primary School
Melbourne Girls Grammar school
Westbourne Grammer
Brookside College
Sirius College
Baden Powell College

OUR VENUES

If the school elects to come to our venues they train in one of the best equipped training venues and have access to both the Olympic gymnastics apparatus and many lead up devices including sprung tumbling strips, trampoline and tumble tramp.

Caroline Springs:

3/4 Waigani Avenue, Ravenhall

Phone: 0421017750

Email: gymnasticsunlimitedcs@yahoo.com

Kealba

4/12 Malcolm Court

Phone: 83909089

Email: vladgym1@gmail.com

Essendon Airport:

44 Wirraway Road

Phone: 83909089

Email: vladgym1@gmail.com

WE COME TO YOU

If the school elects that our coaches come to their site then we can either use the schools equipment or complement it with equipment better suited to the program that we offer.

PROGRAMS

Our programs we offer fulfill all the requirements for safe, interesting and comprehensive learning outcomes.

We also tailor our programs to suit your curriculum objectives. Programs encompass:

- ! Comprehensive developing
- ! Testing procedures (if required)
- ! Use of all gymnastics equipment including trampolines
- ! Gymnastics skills based on age level
- ! All round strength and flexibility development
- ! Achievement of excellence certificate with a free lesson
- ! Balance and coordination development

PRICE LIST: We modify program to your needs! If you require different times it can be arranged.

We present you with an absolutely FREE TRY for one gymnastics lesson (up to 30 students)

AT OUR VENUE (see page 2 for our venues)

PRICE PER STUDENT, 1 HOUR SESSION, PRIMARY SCHOOL

25-30 students \$6.50

PRICE PER STUDENT, 1 HOUR SESSION, SECONDARY SCHOOL

Up to 15 student's \$120.00 flat rate

15-30 students \$8.00

WE COME TO YOU:

Does your School have equipment and space? If so would you like one of our instructors to come to your School? A comprehensive gymnastics program can be conducted with minimal equipment!

30min Class \$3.00 per student

45min Class \$4.00 per student

60min Class \$5.00 per student

60min Class \$7.00 per student secondary college

Please note: all prices GST are not included.

Class Teachers are expected to help the coaches, to insure that the classes run smoothly and to assist the children where needed on certain pieces of equipment. We provide more coaches if there are more than 30 students in class.

Thank you for considering our Gymnastics program. We look forward in hearing from you to discuss on your professional comprehensive gymnastics program.